



AUTUMN TERM 1 NEWSLETTER

Dear Parents, Pupils and Staff,

As we reach the end of the first half term, I want to take a moment to reflect on the wonderful experiences we've shared and achievements we've celebrated together. It has been a busy and enriching few weeks filled with learning and community spirit.

Some highlights from this Term include:

- **Food Technology Trip to the Farm:** Our Food Technology students had an incredible opportunity to visit a local farm to gain hands-on experience connecting their classroom learning with real-world food production.
- **Launch of the Girls in Tech Project:** We were thrilled to launch our Girls in Tech Project this term! This initiative aims to inspire and empower our female pupils to explore careers in technology. Through engaging workshops, mentorship opportunities, and collaborations with industry professionals, our students are gaining valuable insights and skills that will serve them well in the future.
- **SMART DAY Activities:** This term, we held our SMART DAY, where pupils engaged in activities designed to enhance their skills and well-being. Year 7 participated in team-building exercises, fostering collaboration and friendship, while Year 11 focused on career exploration, gaining insights into potential pathways for their futures. Additionally, all pupils learned vital first aid skills, empowering them to be prepared in emergencies and reinforcing the importance of safety.
- **Celebrating Special Days:** Throughout the term, we celebrated several important occasions. Restart a Heart Day highlighted the significance of CPR and lifesaving skills. We have had History Month, reflecting on the contributions and histories that shape our society. These events foster inclusivity and awareness among our pupils.
- **Mental Health and Safeguarding Initiatives:** We welcomed the Compass Bloom team, who delivered impactful Mental Health Assemblies to all our pupils. It is vital that we prioritise mental well-being, and these sessions provided essential tools for managing stress and emotions. Additionally, our Designated Safeguarding Lead, Mrs. Walker, has conducted safeguarding training to ensure our students feel safe and supported in our school environment.
- **McMillan Coffee Morning:** A heartfelt thank you to all the parents who joined us for our annual Macmillan Coffee Morning. It was lovely to see so many familiar faces coming together for a great cause. Your support makes a difference, and it was a joy to connect with our community while raising funds for such an important charity.

Currently, our school attendance sits at 94.4%, with our target set at 97%. This is a solid start, we encourage everyone to strive for improved attendance, it plays a crucial role in pupil success. Regular attendance is essential for academic achievement and one of the main criteria for our end-of-term rewards trip. Every school day is an opportunity for learning, and consistent attendance helps our pupils maximise their potential. Your support in reinforcing good attendance is greatly appreciated.

As we look ahead to next half term, there is much to look forward to! Several exciting events and initiatives are planned, including our Christmas Concert, where students will showcase their musical talents. Additionally, we continue to enrich our curriculum with more hands-on learning experiences and workshops designed to deepen pupil's knowledge in subjects.

Upcoming Assessments for Next Half Term

In preparation for these upcoming events, please note the assessment schedule:

- Year 7: October 14th - November 1st
- Year 9: November 4th - November 15th
- Year 11: October 30th - November 13th
- Year 8: November 4th - November 15th
- Year 10: October 14th - November 1st

We encourage all pupils to utilise their time wisely for revision and to seek help from their teachers if needed. Parents, your support in helping your children prepare during this period is invaluable. **All knowledge organisers can be found on the school website** - this will help pupils remain focused in their revision.

School reopens on **Monday 28th October for all pupils at 8.35am.** Wishing you all a restful and enjoyable break!

Mr A Galbraith
Principal



PE THIS TERM

We have had a fantastic start to the year in PE with many pupils taking part in extracurricular activities and competitive fixtures. Our extra-curricular programme continues to be well received by pupils across the school and we have seen a noticeable increase in the number of pupils attending our sporting clubs this term.

We continue to encourage all pupils to attend as many extracurricular activities as possible throughout the week, not only to enhance their skill and ability levels but also to seek some recreational respite and enjoyment.

The **Year 8 Boys** football team have made an excellent start to the season. They have worked hard as a team to achieve some fantastic results, and we are looking forward to seeing them play again after half term in the Lancashire cup. Their recent results are listed below.

- 4-0 victory over Broughton High School
- 7-2 victory over Ashton High school
- 3-3 draw vs St Cecilia's High School

Our **under 14 girls** football team have been playing in a league held at Archbishop temple over the last few weeks. They have won, drawn and lost some games but have worked hard as a team to develop their skills and confidence as the weeks have progressed. Well done girls!

It has been wonderful to see so many pupils attending out extra curricular clubs this half term, with Netball being particularly popular. We have been busy training for our upcoming fixtures in the league that starts after half term. We look forward to seeing the girls in action against other schools in the area.

Our young leaders have been out of school this week helping at a local primary school event. They were an absolute credit to the school, encouraging, leading and organising at the event. We could not have been any prouder of them all. Brilliant work!

The **Year 10 boys** football team have worked hard this half term. They have faced some tough opposition but continued to show resilience and determination.

Well done to our pupils who have been successfully selected for the under 14 girls Lancashire team. This is a huge achievement for both girls, well done girls!

This half term a group of Year 7 and 8 pupils represented Fulwood Academy in the Annual Preston Schools Cross Country Competition. After a day of persistent rain, the ground was extremely muddy, which made for very arduous running conditions. This did not deter our pupils who displayed grit and determination to achieve their best performance. In the U14's competition, AJ Walmsley in Year 8 finished his race in 5th position, an outstanding achievement and accomplishment. Well done to all pupils who took part in the event.



PE - Extra-Curricular Timetable

Monday	Tuesday	Wednesday	Thursday	Friday
Years 9 & 10 Badminton 3.05pm-4.05pm KBY	All Years Girls Netball 3.05pm-4.05pm KBY/LTU	Years 7 & 8 Badminton 3.05pm-4.05pm KBY/LTU		
Year 7 Boys Football Practice 3.05pm-4.05pm CMA / MHO	Year 7 and 8 Boys Rugby Practice 3.05pm-4.05pm CMA / MHO	Year 9 and 10 Boys Rugby Practice 3.05pm-4.05pm CMA / MHO	Year 11 Intervention Health and Fitness Dance 3.05pm-4.05pm	
Year 7 and 8 Girls Football Practice 3.05pm-4.05pm CMA / MHO		Year 7 Boys Football Fixtures Year 7 Girls Football Fixtures		



SUBJECT FOCUS - GEOGRAPHY

What a busy half term we have had in the Geography department!

Year 7 pupils have developed their geographical knowledge by exploring geographical features within the UK, this has helped to enhance their geography skills including working with OS maps to better understand contours and scale.

Year 8 pupils have been developing their knowledge of how air pressure has led to why certain global biomes, distinct geographical regions with specific climates, are located where they are.

Year 9 pupils have been looking at how the last ice age shaped the British Isles as well as understanding where glaciers are located today and why.

In **KS4**, the department have been focusing on physical landscapes within the UK, with Y10 pupils developing their knowledge of rivers as we move from the source to the mouth, whilst also exploring factors affecting flooding, which could benefit them in the future when it comes to choosing the location of their future homes.

Year 11 pupils have been investigating the UK coastline as they develop their understanding of the formation of different coastal landforms, such as caves, arches and beaches. They have also been thinking about how to reduce erosion along the UK coastline to protect people's homes and businesses, as they assess what strategies could work best and why.

The department have been impressed with the enthusiasm all pupils have demonstrated in geography this half term.

Further information can be found on the curriculum section of the our website: [Fulwood Academy - Geography](http://www.fulwoodacademy.co.uk/curriculum/geography)

MEET THE DEPARTMENT

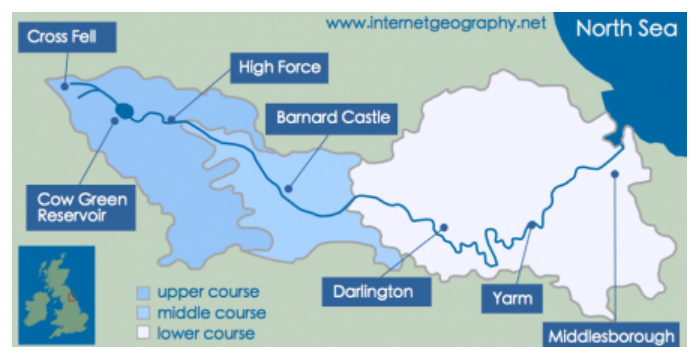
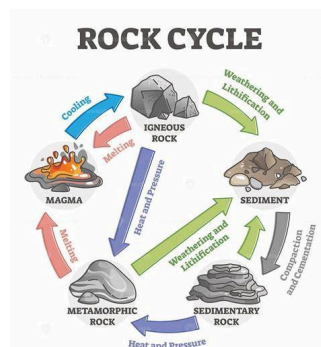
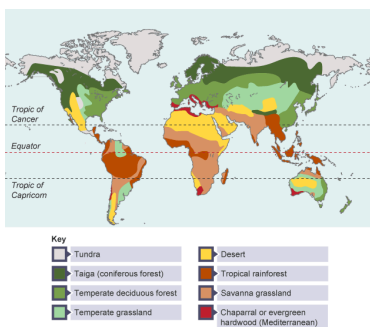
Miss C Morrison
Director of Learning
Geography

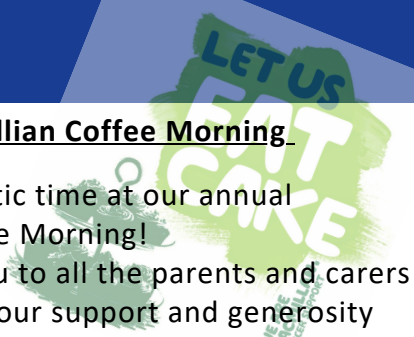


Mr J Langton
Teacher of Geography



Miss C Jordan
Teacher of Geography





MacMillian Coffee Morning

We had a fantastic time at our annual Macmillan Coffee Morning! A huge thank you to all the parents and carers who joined us. Your support and generosity made the event a great success and truly helped in the fight against cancer. We loved sharing delicious treats and wonderful conversations with you all.

We raised a total of **£253.54**. Thank you for making a difference!



Transition Fortnight

As we kick off an exciting new school year, we are thrilled to reflect on the fantastic Transition Fortnight our **Year 7** pupils experienced. During this time, pupils engaged in a variety of activities designed to help them settle into Fulwood Academy and gear up for the next five years of their educational journey.

It was heartening to witness the enthusiasm amongst this impressive group of young people. Their curiosity and eagerness to learn bode well for their futures. Here's to an excellent start and to all the exciting adventures that lie ahead! Well done Year 7!



Pupils at Fulwood Academy enjoyed celebrating European Day of Languages on the 26th of September. Some of our pupils from Spain, Italy, Poland and Romania presented an assembly to the whole school introducing themselves in their own language then telling us a fun fact about their country.

Many of our year seven pupils took part in a bake-off competition where they baked cakes to represent the language spoken in a European country of their choice.

A reminder to our year eight pupils, you been invited to enter the European Day of Languages contest 2025. Your entries must be made by the 31st of December to the following address:

European Day of Languages Contest

SPARX READER AWARDS

This summer, Sparx reader launched their annual '**Sparx reader Summer Reading Challenge**'. We are delighted that two of Fulwood Academy's pupils were among the top 25 pupils **in the country** to achieve the most amount of Sparx reader points over the summer. A huge congratulations to these pupils who both spent the summer reading, learning and gaining Sparx reader points. They have both received a bundle of books from Sparx to celebrate this amazing achievement. We hope that it highlights the importance of reading and encourages all of our pupils to immerse themselves in words and literature.



Exciting Opportunities Ahead for Our Pupils

As we move further into the first term, we're thrilled to announce a series of events designed to inspire and prepare our pupils for their future careers and educational paths. Here's what's coming up:

- **BAE Year 11 Apprentice Open Day Visit**

Year 11 pupils will have the chance to visit BAE Systems for an Apprenticeship Open Day. This event is a fantastic opportunity for pupils to explore various career paths in engineering and manufacturing. They will gain first-hand insights into the apprenticeship programs available and the skills necessary for success in these industries.

- **Year 10 Oxford University Visit**

We are excited to offer a number of Year 10 pupils a visit to the prestigious Oxford University. This experience aims to inspire and inform pupils about higher education options, university life, and the application process. It's a wonderful chance for them to envision their future academic journeys.

- **Year 11 College Assemblies**

Our Year 11 College Assemblies will provide essential information about college options and the transition from school to further education. These sessions will help pupils understand the various pathways available to them, whether they choose college, vocational training, or apprenticeships.

- **Year 11 Careers Interviews**

Individual careers interviews for Year 11 pupils will be conducted to help them identify their strengths, interests, and potential career pathways. This personalized guidance will be invaluable as they make important decisions about their futures.

- **SMART Day Activities with Year 8**

We're also engaging our Year 8 pupils with SMART Day activities focused on the Lancashire Pillars of Growth, particularly in the area of Food and Agriculture. Through hands-on experiences, pupils will learn about local industries and the importance of sustainability and healthy living.

- **FUTUREU Interview Preparation Workshops for Year 11**

To further support our Year 11 pupils, we're hosting interview preparation workshops in partnership with FUTUREU. These workshops will equip pupils with essential skills for job interviews, boosting their confidence and helping them develop effective communication strategies.

Looking Ahead

We believe these events will greatly enhance our pupils understanding of their options and empower them to make informed choices about their futures. We encourage parents and guardians to discuss these opportunities with their children and support them in exploring their future interests.



SMART DAY



On Wednesday 9th October, we kicked off '**SMART Day 1**', our first Smart Day of the year, with all pupils off timetable to engage in a variety of exciting activities. It was a fantastic event, jam-packed with an array of visitors.

Year 7 had a superb time, despite the weather, with the team building company Wise Up! It was amazing to see them working so well together to solve each challenge.

Respect Me! ran insightful workshops across all year groups, discussing essential topics like self-esteem and online safety.

The Prevent team informed pupils about the government's prevent strategy, while Year 10 had a great session with the Red Cross on coping with challenges and Daisy First Aid taught Year 8 and 9 pupils vital CPR and basic first aid skills.

All our pupils were absolutely brilliant and received heaps of praise from the visitors! We can't wait for SMART Day 2 in January 2025.



AI Champions Club

Pupils in Year 9 have the opportunity to dive into the fascinating world of Artificial Intelligence (AI) through the after-school *AI Champions* club, led by Mr. Hughes and Mr. Betteridge.

In recent sessions, pupils explored the basics of AI, learning how machines can process data and make decisions much like humans. They examined real-world examples, such as Siri and self-driving cars, and even got creative by brainstorming their own AI inventions, sparking their imaginations and encouraging innovative thinking.

In the second lesson, pupils delved deeper into the transformative impact of AI across industries like healthcare, finance, and entertainment. As they continue their journey, upcoming lessons will cover topics such as the types of AI, how AI is used in schools, and ethical considerations like AI guardrails and biases. These sessions will help pupils understand AI's broad influence and its relevance to their daily lives, preparing them for future advancements.

Excitingly, Mr. Hughes is organizing a two-day residential trip to London for the *AI Champions*, where pupils will explore how AI is used in the media industry. Alongside these educational experiences, the group will also enjoy sightseeing around London's iconic landmarks and watch a thrilling West End show. This trip promises to be a fantastic opportunity for students to see AI in action while enjoying the vibrant culture of the capital.

GIRLS IN TECH

Empowering the Next Generation: Girls in Tech Project

This school year, we are thrilled to announce the Girls in Tech project has started, an exciting initiative aimed at promoting tech careers to our Year 9 pupils. A number of pupils have signed up to participate in this unique program, which partners with leading companies such as Google, TalkTalk, and The Hut Group to provide invaluable real-world experience and industry insights.

What to Expect

Throughout this half term, our pupils will engage in hands-on workshops, starting with a visit to TalkTalk where they will receive coaching on public speaking. This essential skill will not only boost their confidence but also prepare them for future opportunities in the tech industry and beyond.

Participants will benefit from app design workshops hosted by Google, where they will learn key skills in technology and innovation. In addition, pupils will receive mentorship from senior women in the tech field, offering them guidance and inspiration as they navigate their career aspirations.

As part of the program, teams will have the chance to apply their newfound knowledge in an exciting app design competition. This challenge will encourage collaboration, creativity, and problem-solving skills, all crucial for success in the tech world.

Our Vision

Through the Girls in Tech project, we aim to equip our pupils with new talents and empower them with a fresh perspective on opportunities within the technology sector. We are excited to nurture our future women leaders and provide them with the tools they need to thrive.

Stay tuned for updates on our pupil's progress and achievements throughout this empowering journey!

Together, we can inspire the next generation of female tech innovators.



Getting your child to school really matters

Did you know?

In a school year, if your child is late every day by...

In a school year, if your child is late every day by...	Your child would have lost approximately...	Or they would have missed approximately...
5 minutes	3.5 days from school	20 lessons
10 minutes	7 days from school	41 lessons
15 minutes	10 days from school	55 lessons
20 minutes	14.5 days from school	82 lessons
30 minutes	22 days from school	123 lessons

Please encourage punctuality to maintain attendance

ABSENCE = LOST OPPORTUNITY

Did you know?

If your child's attendance during the school year...

If your child's attendance during the school year...	Your child would have lost approximately...	Or they would have missed approximately...
was 95%	9 days from school	50 lessons
was 90%	19 days from school	100 lessons
was 85%	29 days from school	150 lessons
was 80%	38 days from school	200 lessons
was 75%	48 days from school	250 lessons

Please encourage punctuality to maintain attendance

Our school uniform supplier, **Monkhouse**, is offering a huge **20% off** everything in-store only, starting on Saturday 19th October 2024 and finishing on Saturday 2nd November 2024. If you need to top up on any uniform, P.E. kit items or need a refresh on your everyday essentials and stationery, now is the time to shop.

20% OFF EVERYTHING*
IN-STORE AT MONKHOUSE
BE QUICK. OFFER LIVE 19/10/24 - 02/11/24

*Offer not available on the Monkhouse website.

REWARDS

As we settle into the new academic year, we're thrilled to celebrate the strong and successful start made by our pupils! Over the past few weeks, we've seen fantastic progress and a positive attitude that shines through in our weekly "**No Negatives**" scores. These scores reflect the overall positive behaviour and engagement in our classes, with pupils demonstrating their commitment to creating a supportive and productive learning environment.

These scores have shown that consistently more than 700 pupils, even as we moved through September, are behaving perfectly. This is a testament to our pupils' dedication and hard work. We will be celebrating with an in school cinema experience, certificates and celebration assemblies.

Here's to a great year ahead, filled with continued growth and achievements

IMPORTANT DATES

- 28th Oct- Academy Reopens following half term
- 28th Nov - GCSE Certificate Evening
- 29th Nov - Inset Day - Academy closed
- 4th Dec - Celebration of Christmas Concert
- 5th Dec - YR11 Parents Evening
- 17th Dec - Rewards Trip
- 20th Dec - Finish for Christmas - 12.30pm

ASSESSMENT DATES

Year 7 - Monday 14th Oct - Friday 1st Nov
 Year 8 - Monday 4th Nov - Friday 15th Nov
 Year 9 - Monday 4th Nov - Friday 15th Nov
 Year 10 - Monday 14th Oct - Friday 1st Nov
 Year 11 - Wednesday 30th Oct - Wednesday 15th Nov

AP1 Year 11 October Half Term Revision Timetable

Intervention sessions – October half term								
Date	Day	Subject	School / Online	Time	No. of groups	Staff delivering	No. of students	Rooms/location
19.10.24	Sat	Science	Online	5.30pm to 7pm	Set 3 – 6	RJO	90	Year 11 Teams Channel
20.10.24	Sun							
21.10.24	Mon	Spanish	School	10:30am to 1pm	Sets 1 - 2	KSM	60	MFL1
22.10.24	Tues	English	School	10am to 1pm	TBC	CCO, LMC, SBE	TBC	TBC
22.10.24	Tues	PE/ Dance	School	12.30am to 2.30pm	2	CMA, KBY	47	IT1 & IT2
22.10.24	Tues	Maths	School	12.30am to 2.30pm	1-4 (not PE)	LWE, FHA	60	MA3, MA5
22.10.24	Tues	History	Online	6.30pm to 7.15pm	1	MPL	60	Year 11 Teams Channel
23.10.24	Wed	Geography	School	9am to 11am	3	CMO, JLA	102	GG2/GG3
24.10.24	Thurs	Science	School	9am to 12pm	Set 1 Set 3 – 6	SPA WZU	90	SC3 Lecture theatre
25.10.24	Fri	Maths	Online	7.30pm to 9pm	Sets 1 - 3	MHA	90	Year 11 Teams Channel
26.10.24	Sat	Science	Online	5.30pm to 7pm	Set 3 – 6	GEM	90	Year 11 Teams Channel
27.10.24	Sun	Maths	Online	7.30pm to 9pm	Sets 3 - 6	MHA	90	Year 11 Teams Channel
27.10.24	Sun	English	Online	7.30pm to 8:30pm	Whole cohort	AAR	60	Year 11 Teams Channel

SAFEGUARDING

Mobile Phone Safety

The vast majority of children attending high school have a mobile phone, and with that comes a number of risks associated with using the internet. If you're worried your child could be looking at unsafe content online, you might be wondering if it's OK to check their phone or other devices. It is always best to speak to your child about online safety and include them in setting rules and limits. This will help them to understand the risks and know what to do if they see something unsafe. However there is nothing wrong with checking and monitoring your child's mobile phone in order to keep them safe.

Here are some tips you may want to consider:

Look at the phone with your child

When your child first gets a phone, you can set the ground rules about how and when they use it. You might agree that:

- you will look at their social media accounts with them and make sure they know how to block and report content
- phones should be used openly in shared parts of the home and not in their bedroom
- they can only use their phones at certain times of the day or week

It is best to keep a closer eye on your child's online behaviour when they are younger. You can give them more freedom as they mature and you both feel confident that they can keep themselves safe online.

If you are going to look at your child or teenager's phone, make it part of your normal routine. Don't surprise them with it to 'catch them out' or as a consequence for behaviour. This could affect their trust in you and make them more secretive. Only look at their phone without their consent if you think they are at risk of harm and the risks outweigh their reaction.

Respect your child's privacy

Be clear about what you want to look at and why. For example, your child probably won't want to show you all their text conversations with their friends. This doesn't mean that they have anything to hide, but that they want to have privacy. Reassure them that you trust them and don't need to see all their conversations, but they can share with you if they get a message that worries them.

You might ask to see their messages if you're worried about them talking to someone they've met online. Explain to them in an age-appropriate way that people aren't always honest about who they are or their intentions online.

Know what you're looking for

It can be hard for adults to keep up to date with what their children like to do online and what the risks are. You might hear about the latest issues or trends in the news. In school, we will speak to children if we become aware of any issues, like students trying **harmful challenges or trends**. We may also use these newsletters to make parents and carers aware.

Some things you might look out for are:

- your child receiving or sending bullying messages
- strangers contacting your child
- social media accounts with violent imagery including self-harm
- social media accounts promoting extreme body ideals or eating disorders
- adult websites in your child's browser history
- your child sending or receiving explicit or sexual images
- websites or social media accounts sharing extremist views or fake news

USEFUL NUMBERS

Preston Safeguarding Hub: **0300 123 6720** or out of hours **0300 123 6722** (5pm - 8am)

Food banks: Salvation Army - **01772 555425**, Luv Preston - **01772 298107** Noor Food Bank - **07921 887383** or **07764 432643**

Kooth is an anonymous site which helps children and young people to feel safe and confident in exploring their concerns and seeking professional support. Log on to [Kooth.com](https://www.kooth.com)

Childline - Get help and advice about a wide range of issues, call us on **0800 1111**, talk to a counsellor online
Shout offers confidential crisis support 24/7. Text SHOUT to **85258**

Family first Magazine - Autumn 24; [Family First Magazine Autumn 2024](#)



Trustee Update

Trustees are delighted to welcome everyone back to Fulwood for the new academic year! A special warm welcome goes out to our Year 7 pupils and their families, as well as our new members of staff. We are looking forward to this stage of the Fulwood journey.

As you know, Fulwood Academy was judged as Good by Ofsted in July 2023. This is a testament to the hard work of our dedicated staff, pupils and supportive families. Those who have been at Fulwood for some years, will have noticed significant improvements across various aspects of the academy, including culture, behaviour, attendance, and teaching. These improvements have created an optimal moment to focus on improving educational outcomes.

The role of our trustees is to both support and challenge school leaders. In collaboration with Sir Charles and fellow Trustees, we have been actively engaging with school leaders to identify ways to improve educational outcomes. In September, Mike Snelson and I met with all heads of departments to discuss strategies for enhancing pupil achievement. We were impressed by their commitment and determination to ensure every pupil achieves their full potential. The trust has also approved an additional member of the leadership team to improve how data is used across the trust to maximise outcomes.

We recognise and appreciate the hard work you put in at home to support your child's education. Your support was evident at our recent Open Evening, where we saw a remarkable turnout of parents and carers. Your involvement makes a significant difference to your child's education.

The trust is committed to ensuring we have trustees with the necessary skillset to fulfil our responsibilities as outlined by the Department for Education. In this regard, I am pleased to introduce Abdul Yousef, our newest trustee. Abdul, who is the Head of Legal at Talk Talk, brings a wealth of experience and is eager to make a positive impact in our school community;

Abdul Yosuf is a practising solicitor and is the Head of Legal at TalkTalk. His main areas of legal practice include commercial, corporate, advertising, employment, litigation and dispute resolution.

Abdul is an active member of his local community and was nominated by them to lead on local issues such as HS2 consultation and refugee housing. Aside from being a passionate football fan, Abdul enjoys taking on challenging DIY projects in his spare time.

