

TRUST | EXCELLENCE | AMBITION | MANNERS



# Fulwood academy PE Knowledge Organisers: Rugby



# Year 7: Rugby Knowledge Organiser

## Key Skills:

**Passing-** a skill used to move the ball from player to player. There are a variety of passes depending on position, game situation and are of pitch.

**Tackling-** a skill used to try to stop an opponent who has the ball by bringing them down to the ground. There are different types of tackles and safe tackling technique is extremely important.

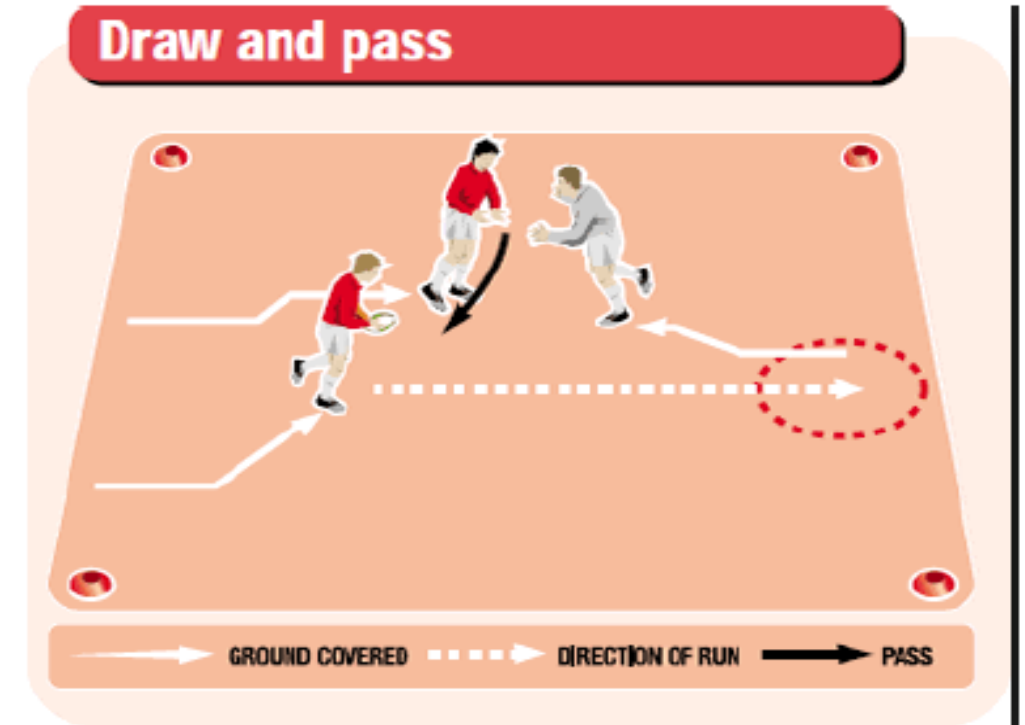
**Positioning-** this is the position a player takes on the field. This is very important to abide by the laws of the game and also to score tries.

**Carrying-** a skill used to gain territory and score tries. This is where a player keeps the ball as they progress down the pitch.

**Handling-** a skill used to catch and throw the ball. Very important to move the ball effectively and to open up space.

## Stretch and Challenge Task:

- Watch a premiership or international rugby game with focus on the different positions on the pitch. What different positions are there and what role do the different players take up on the pitch?



## Key Content and Terms to learn:

- Knock-on
- Forward pass
- Try

# Year 8: Rugby Knowledge Organiser

## Key Skills:

**Passing**- The loop, switch and reverse passes can be very effective in unlocking opposition defences.

**Tackling**- a skill used to try to stop an opponent who has the ball by bringing them down to the ground. There are different types of tackles and safe tackling technique is extremely important.

**Carrying**- a skill used to gain territory and score tries. This is where a player keeps the ball as they progress down the pitch.

**Handling**- a skill used to catch and throw the ball. Offloading the ball is where a player passes the ball as they are being tackled. This can help maintain momentum and take defenders out of the game.

**Rucking**- a phase of the game where the ball goes to ground and one or more players from each team close around the ground.



## Stretch and Challenge Task:

- Watch a premiership or international rugby game with focus on the rucking laws. Where is offside in a game of rugby? Which players are best at rucking and what is the correct technique?

## Key Content and Terms to learn:

- Rucking
- Offside
- Jackling
- Offloading

# Year 9: Rugby Knowledge Organiser

## Key Skills:

**Rucking-** a phase of the game where the ball goes to ground and one or more players from each team close around the ground.

**Jackling-** This is where defending players contest the ball at a ruck and win the ball.

**Scrummaging-** A type of restart in rugby where players interlock heads and push against opposition players.

**Line-outs-** A type of restarting in rugby when the ball leaves either side-line of the pitch. Like in football, the team who didn't kick/throw the ball out usually gains control of a line-out (unless there was a penalty advantage).

**Kicking-** A way of moving the ball in rugby. The ball can be kicked forwards and there are different types of kicking which, if used effectively, can aid in attacking and defending.

## Binding in the front row



## Stretch and Challenge Task:

- Watch a premiership or international rugby game with focus on the kicking. When do players kick the ball? Why do they kick the ball? What types of kick do they use and what are the laws involved?

## Key Content and Terms to learn:

- Scrummaging
- Line-outs
- Binding
- Grubber kick
- Box kick