



NatWest
Thrive

THE JOURNEY STARTS AT **#NCW2025**.
3RD – 8TH MARCH 2025

you CAN
set your
goals HIGH!



NATIONAL CAREERS WEEK



EDITION_23

NCW

THE HUGE
#NCW2025 EDITION

DOWNLOAD

THE CAREERS &
ENTERPRISE
COMPANY

NOT JUST
LAB COATS

NHS
Careers

COMIC
RELIEF

amazon

worldskillsuk
excellence at work

RCVS

SETTING
VETERINARY
STANDARDS

National
Careers
Service

National Careers Week

NCW

WELCOME

“

WELCOME TO THE HUGE #NCW2025 EDITION OF THE DOWNLOAD MAGAZINE.

We're sure you've been planning and preparing for weeks, nay months, to get the most out of the week for your students. But just in case you have a couple of spare hours to fill during the biggest annual celebration of careers in the UK, we thought we'd give you some content, activities, inspiration, links, digital assets, quizzes, fun stuff, and insights into some of our partners and their amazing work.

You never know where inspiration will strike for the future, which is why we work year-round in the background to bring you amazing content from incredible partners. Our goal? To inspire your young people and open their eyes and minds to the endless career possibilities the modern world offers.

We're super proud that this year marks our tenth year with NatWest as our headline partner. We couldn't be more grateful for their ongoing commitment to young people and educators across the UK and beyond.



Nick Newman, Founder & CEO

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“Our decade-long partnership with National Careers Week has always had the impact for young people at the heart of everything we've done together.”

“Together we've inspired young people to change the narrative about what they can and cannot do.”

“It's now more than just a week, it's a movement.”

Naomi Puri, Natwest

”

YOU CAN IS YOUR THEME FOR #NCW2025



This year, National Careers Week is all about empowerment. The theme ‘**YOU CAN!**’ exemplifies why we exist – to help you empower your students towards self-belief, self-fulfilment and self-motivation. And that's why we've chosen ‘**YOU CAN**’ as the theme. The downloadable digital packs, including posters and social media, can be found here.

YOU CAN DOWNLOAD, SHARE AND INSPIRE RIGHT NOW!

All Your Free #NCW2025 Resources In One Place – Download The Resource Booklet Now, Including:

- Digital Graphics
- Countdown / Promo Graphics
- Video Links
- Classroom Resources
- Door Plates
- Certificates



DIARY DATES

GET READY FOR THE WEEK

GET PLANNING YOUR WEEK –

The following partners have pledged their days as follows. And, of course, the virtual careers fair is open all week and beyond.

#NCW2025 PARTNERS

MONDAY 3RD MARCH 2025



TUESDAY 4TH MARCH 2025



WEDNESDAY 5TH MARCH 2025



THURSDAY 6TH MARCH 2025



FRIDAY 7TH MARCH 2025



SATURDAY 8TH MARCH 2025



National Careers Week
NCW

#NCW2025

VIRTUAL

Careers Fair.

MONDAY 3RD MARCH

#NCW2025

NCW2025 marks

10 YEARS

of our partnership
with NatWest.

NCW2025 represents 10 years in partnership with NatWest. In the past decade, NatWest and NCW have reached **SEVEN MILLION** young people and their teachers through National Careers Week, the Virtual Careers Fair and ongoing activities and promotions.

Take a look at early career pathways at NatWest with apprenticeships opening in Spring!

NatWest Early Talent

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It has been an absolute pleasure to work with the NatWest team over the last 10 years of our special partnership.

Without their vision, help and experience we would not have become the largest all-inclusive celebration of career pathways across the UK.

Over 7 million learners have enjoyed free careers information, resources and activities, which they would not have otherwise had access to.

“

Our decade long partnership with National Careers Week has always had the impact for young people at the heart of everything we've done together.

Together, we've inspired young people to change the narrative about what they can and cannot do. It's now more than just a week, it's a movement.

We are bringing together inspiring educators and passionate corporates to equip the future generation with the skills and confidence they need to thrive.


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TUESDAY 4TH MARCH

WORLDSKILLS UK CAREERS RESOURCES

EXPLORE EXCELLENCE IN TECHNICAL PATHWAYS AND CAREERS WITH OUR EASY-TO-USE TOOLKIT.



Inspire career excellence with our teaching and video resources on the Careers Advice Toolkit, home to Cat, our AI advisor chatbot for students

Find out more

WorldSkillsUK is empowering young people from all backgrounds to choose high-quality apprenticeships and technical education as prestigious career routes.

This National Careers Week, empower your students to explore pathways and careers using our free resource, the Careers Advice Toolkit.

Our digital Careers Advice Toolkit is a one-stop resource for young people, offering engaging employability skills and career guidance. Aligned with the Careers Development Institute and Gatsby Benchmarks, it provides expert, evidence-based support to help students explore career pathways and make informed decisions. Drawing on our experience in developing world-class talent, it bridges the gap between education and employment. A valuable tool for schools, students, parents, and carers across the UK.

Here, you'll also find Cat, our careers chatbot, developed with experts at Career Chat UK, helping young people explore career pathways and make informed decisions. 'Cat' provides information on labour market trends, roles, apprenticeships, and technical education across the UK.

CAREER ADVICE FOR YOUNG PEOPLE ↑



WEDNESDAY 5TH MARCH

NOT JUST LAB COATS



Not Just Lab Coats exists to provide you with one place to explore the huge variety of career options in science, manufacturing and technology. Whether you are exploring exciting career paths or just curious, this is your go-to spot for inspiration and information.

CAREERS QUIZ

Our Careers Quiz is here to help you discover a career in science that fits your personality, passions and talents. If you're into tech, creative problem-solving, or making a difference in the world, there's a place for you in the science sector.



CAREERS QUIZ ↑

CAREER ROLES

Why not check out our 'Careers Roles' and explore the wide range of opportunities in the science industry?

From hands-on lab roles to vital support positions in HR or marketing, these diverse roles are making a real difference to our world. You might even discover a career you never knew existed!

CAREER ROLES ↑

ADVICE & GUIDANCE

Whether you need CV tips or want to perfect your social media profile, we've got you covered. Explore our expert resources to confidently navigate your career path and achieve your goals.

ADVICE & GUIDANCE ↑

VIDEO ↑

THURSDAY 6TH MARCH

INSPIRE YOUR STUDENTS ON NHS CAREERS

Step into the NHS

Discover over 350 careers
Great prizes to be won!

stepintothenhs.nhs.uk/schools

National Careers Week in 2024 was a great success for the NHS, with tens of thousands of students getting the chance to hear directly from NHS staff. We are hoping to replicate this success in 2025!

Students will have the opportunity to meet NHS staff in a classroom environment and ask them questions about their jobs.

The virtual Step into the NHS Day will be live in schools on Wednesday 5 March. We have a range of exciting NHS ambassadors and activities lined up to inspire students.

As well as raising their career aspirations, the day will also inspire students' enthusiasm to create their Step into the NHS competition entries and be in with the chance of winning great prizes, like seeing their entry displayed in public.

Find out more about the Step into the NHS competition

The Step into the NHS careers resources are free and aligned with the KS3 curriculum and Gatsby benchmarks. They are a great way to weave career-based learning into lessons such as PSHE.

[REGISTER YOUR INTEREST](#) ↑

[FIND OUT MORE](#) ↑

SUPPORTING NHS RESOURCES

WE ARE THE NHS

'Find Your Career' Quiz, with more than 350 NHS careers, it can be overwhelming for young people looking for the NHS career that's right for them.

Our 'Find your career' quiz can help your students find the right role in five minutes.

[CAREER QUIZ](#) ↑

SUPPORT FOR CAREERS EVENTS

Careers fairs can play a big part in raising career aspirations, and NHS Health Careers wants to help. We have a range of resources to help you inspire the next generation and offer them the careers information they need to make informed career decisions.

[FIND OUT MORE](#) ↑

350 CAREERS. ONE NHS. YOUR FUTURE.



On a typical day in the NHS, 1.3 million people visit a GP surgery, 35,000 people call 999 and 44,000 people attend A&E.

The NHS is also the largest employer in Europe. It employs 1.6million people in England and not everyone is a doctor or nurse. There are more than 350 different careers in everything from estates and facilities, healthcare science and IT. We recruit more than 20,000 apprentices every year.

The one thing they have in common is the wish to make a difference to people's lives and give back to their local communities. **We are the NHS.**

[FIND OUT MORE](#) ↑

FRIDAY 7TH MARCH

COMIC RELIEF / AMAZON

DISCOVERING PATHWAYS INTO TECHNOLOGY CAREERS HAS NEVER BEEN MORE ACCESSIBLE

Amazon Future Engineer offers students a window into the world of STEM, combining behind-the-scenes tours and direct insights from industry professionals with hands-on experience. These comprehensive programs help students develop practical skills while exploring diverse career opportunities in digital technology, computer science, and engineering.

FUTURE CAREERS EXPERIENCE

This experience is designed to provide you with an in-depth understanding of different roles and potential career pathways within Amazon while also helping you build employability skills.

This is a great way to discover some of the many exceptional STEM careers, including in Digital, Computer Science and Operations & Engineering. With over 7 hours of content, you will:

1. Gain insights from Amazon, including from experts through Class Chats
2. Complete scenario-based activities on various career pathways
3. Develop essential employability skills, such as CV building and LinkedIn profile creation
4. Earn a Certificate of Completion, an additional add-on value for your UCAS personal statement application

FIND OUT MORE 

CAREER TOURS

Curious about where a tech career could take you? Step behind the scenes at Amazon with an exclusive virtual tour.

Journey inside the technology of Amazon's Prime Video to see how films and TV go from the studio to your living room. During the tour, you'll learn how Prime Video works and meet the people who bring the technology to life.

PRIME VIDEO TOURS 

PRIME VIDEO TOURS

Venture through Amazon's Fulfilment Centres to discover how computer science, state-of-the-art engineering, and incredible people deliver customer orders at Amazon. During the tour, you'll learn how Amazon's fulfilment system works and meet the engineers behind it.

FULFILMENT CENTRE TOURS 

CLASS CHATS

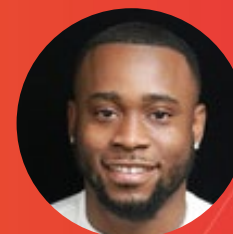
Connect with Amazon insiders through Class Chats, where students can hear from an Amazon employee to better understand what it's like to work in the tech industry and what it takes to get there!

Amazon employees work across a broad range of technical and non-technical roles and these chats can help you envision future careers that you might not have even heard of before. Employees will share their personal career stories and insights about working at a large tech company.

EXPLORE CLASS CHATS 

"As an Amazon Corporate Responsibility practitioner, I see how our partnership with Comic Relief creates meaningful social impact, particularly in underserved communities. By combining Amazon's resources and innovation with social purpose, we're building bridges to future opportunities, especially in digital education. Through our educational outreach programs and leveraging Amazon's vast network for fundraising, we're actively working to drive social mobility across the UK.

According to the Careers of the Future Index, developed through Gallup research in partnership with Amazon Future Engineer UK, Amazon is uniquely positioned to help young people make informed career choices, with our company hosting 63% of the identified 86 careers of the future. This work embodies our belief that business success comes with a responsibility to give back to our communities, and it's rewarding to see how our initiatives create lasting positive change in collaboration with educators and community leaders."



Tyler Anderson Graham,
Amazon UK



SATURDAY 8TH MARCH

DISCOVERING THE WORLD OF VETERINARY PROFESSIONALS



This National Careers Week we at the Royal College of Veterinary Surgeons (RCVS) want to showcase the different roles of veterinary surgeons and veterinary nurses. Veterinary professionals have many different roles and responsibilities, and some are more widely known about than others!

[FIND OUT MORE](#) ↑

[VIDEO*](#) ↑

** Filmed by New Scientist Live*

ROUTES INTO VETERINARY NURSING

To become a veterinary nurse, you must complete an RCVS-accredited veterinary nursing qualification and carry out 1,800 hours of clinical training within an approved training practice. There are two different routes you can follow:

- **Further education route**
- **Higher education route**

[FIND OUT MORE](#) ↑

General entry requirements

You will need to meet the minimum entry requirements set by the awarding organisation or university for your chosen qualification. You will typically need a minimum of 5 GCSEs at grade C/level 4 and above including Maths, English and a science. You will also need to meet the RCVS Day One Skills and Competences for Veterinary Nurses.

[FURTHER INFORMATION](#) ↑

[MEET JADE, VETERINARY NURSE](#) ↑

[MEET DECLAN, VETERINARY NURSE](#) ↑

INTERACTIVE VETERINARY CAREERS OPPORTUNITIES

Explore veterinary careers through our interactive workshops and experiences:

- Sign up to our live primary school session with STEM Learning
- Sign up to our RCVS teacher event
- To enquire about a veterinary talk or RCVS visit for students or teachers, email Events@rcvs.org.uk.

[BOOK STEM LEARNING SESSION](#) ↑

[BOOK RCVS EVENT](#) ↑

Or contact one of the organisations below, who also run veterinary careers initiatives:

[BOOK A WORKSHOP](#) ↑

[BOOK A VET TEAM IN A BOX](#) ↑

ADMISSIONS PROCESSES AND ENTRY REQUIREMENTS FOR UK VETERINARY SCHOOLS

To get into vet school, you will need good GCSE grades, specifically in Maths, English and the sciences. You will also need good A-level grades, or equivalent (or Scottish Highers or International Baccalaureate) in science-related subjects, usually including Biology and/or Chemistry. Entry requirements for each veterinary medicine course will differ, so be sure to check with the individual university.

If you don't achieve the desired grades, there are other routes into university! Many vet schools are helping students from disadvantaged backgrounds become vets by adjusting the grade requirements. This is called a contextual offer. More information on this can be found on our website. Different universities have different schemes, so make sure you contact them directly to find out how they can support you.

Other routes:

- **Foundation courses** - last around a year and provide you with the base knowledge you need to undertake a veterinary medicine degree. Entry requirements for these are often lower than for full veterinary medicine degrees and can accept alternative qualifications for entry, such as BTECs.
- **Degree transfer** – you can also transfer onto a veterinary medicine degree after having already completed a related degree, for example, in zoology or biomedical science.

To become a veterinary surgeon, you must study for a veterinary degree at university, but there are multiple routes into this.

[OUR WEBSITE](#) ↑

[ADMISSIONS GUIDE](#) ↑

[VET SCHOOLS](#) ↑

[MEET REANNE, VETERINARY MEDICINE STUDENT](#) ↑

VIRTUAL CAREERS FAIR!

Every year since 2020, we've delivered a multi-room Virtual Careers Fair (VCF) and this year's no different.

We'll have rooms sponsored by our headline sponsors, partners and friends across all types of organisations in loads of sectors:

- business
- industry
- charity
- government
- health
- education
- manufacturing
- logistics
- and loads and loads of others.

Click on the graphic below to go through to the VCF page, and find the countdown clock and video guide to what you can expect from Day One of **#NCW2025** onwards!



HIGH PERFORMANCE PODCAST

HIGH PERFORMANCE NCW PARTNER!



GAME PLAN – A RESOURCE LIKE NO OTHER. BRINGING THE LIVED EXPERIENCE OF THE WORLD'S HIGHEST PERFORMERS TO YOUR CLASSROOM.

To make Careers Week both inspiring and hassle-free, The High Performance Foundation brings you Game Plan – a dynamic, ready-to-use course, packed with insights and advice from some of the world's highest performers. The resources help students develop confidence, resilience and prepare for the transition into employment, training or higher education.

Whether you need quick-fire tutor-time activities or fully structured lesson plans, Game Plan is designed to fit seamlessly into your schedule.

Everything is prepared for you, so there's no extra planning required!

Our sessions are designed for students in Years 10-13 and cover key career and life skills, including:

- Handling Pressure
- Taking Responsibility
- Independence
- Motivation
- Self-Reflection & Personal Growth

GAME PLAN



ROYAL BOTANIC GARDENS, KEW

GROW YOUR FUTURE

Royal
Botanic
Gardens **Kew**

INSPIRE YOUNG PEOPLE TO CULTIVATE A CAREER IN SCIENCE, HORTICULTURE, AND THE NATURAL WORLD WITH GROW YOUR FUTURE, A NEW GREEN CAREERS HUB FROM THE ROYAL BOTANIC GARDENS, KEW.



© RBG Kew

Young people will:

- Step into a day in the life of Kew staff and find out what it's like to work in a range of fields.
- Discover the skills they'll need to grow their future career.
- Be inspired by real stories from Kew experts
- Find simple steps they can take now to reach their goals.

Teachers and careers advisors can use Grow your Future to support their school's climate action plan by:

- Sparking discussions about green careers
- Helping pupils explore future opportunities
- Connecting learning to real-world environmental jobs



© RBG Kew

Grow Your Future is part of Endeavour, Kew's interactive library of teaching resources on plant and environmental science. Teachers can sign up to Endeavour to access free challenges and resources related to each career.

LEARN MORE 

SIGN UP NOW 

NATIONAL CAREERS WEEK UGANDA

National Careers Week
NCW
UGANDA



We asked our friend and Manager of NCW Uganda, Mulihi Bumali, for his thoughts and plans ahead of #NCW2025.

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“Since 2023, the month of March isn't just a third month of the year but a golden opportunity when we join the global careers family to celebrate National Careers Week.

At National Careers Week Uganda, we're once again thrilled to join National Careers Week 2025 celebrations with the theme, 'You Can'..

Our Plans for this year include:

1. Career visits to schools
2. Careers debates and quizzes,
3. Letters to role models written by students.
4. Virtual careers education exchange, both at national and international level.

In addition, plans to host the first ever regional careers education breakfast conference are underway, setting pace and momentum for National Careers Week 2025 celebrations.

In conclusion, we're very optimistic that the foundation laid by the past celebrations is robust and a great enabler for #NCW2025 planned activities. The tremendous support from all stakeholders, in particular National Careers Week UK, is highly appreciated. We're looking forward to sharing the National Careers Week experience of 2025 with communities that deserve career education services most.”

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UK FLOUR MILLERS



Visit UK Flour Millers this National Careers Week to learn more about the plethora of jobs available in the flour milling industry. From marketing to engineering, laboratory work to lorry driving, flour milling to information technology (IT), and much more beyond, there's a world of opportunities in flour mills.

LEARN MORE



The flour milling industry offers incredible opportunities for career growth, whether you join a family-run business or a multinational organisation. With roles in engineering, operations, IT, supply chain, sales, and more, there's a place for everyone, no matter your skills or interests. Employers in the industry invest in their people, providing hands-on experience, apprenticeships, and structured career paths. Plus, with UK Flour Millers' specialised training programmes, including a Distance Learning Programme and the Advanced Milling Diploma, you'll have the chance to develop expertise and progress in your career. Whether you're starting out or looking to advance, the industry is committed to helping its workforce thrive.

WHAT WE DO

Flour milling is an industry built by people for people, playing a vital role in feeding and nourishing the nation every day. Flour is the foundation of so many foods we love, and working in a flour mill isn't just about producing an ingredient; it's about making a real difference. With mills operating 24/7 to keep the country supplied, employees can take pride in knowing their work directly supports UK food security, local farmers, and millions of households. It's a career that offers more than just a job – it's a chance to be part of something essential, ensuring that high-quality, nutritious food items reach suppliers and tables across the UK.

LEARN MORE



THE MILLING PROCESS

Want to learn more about flour milling in the UK and Ireland, and hear what the folks already in the industry have to say about their careers? Get to know UK flour millers with a series of videos that take you through what happens upon arrival at the mill, the milling process, the kinds of wheat used for different types of flours, how flour nourishes the nation, the sustainability of flour milling, and more.

LEARN MORE



Watch the short video series:

VIDEO SERIES



DISCOVER STEM CAREERS WITH EUK EDUCATION



GET READY TO EXPLORE THE WORLD OF STEM WITH EUK EDUCATION DURING #NCW2025!

Discover everything you need to inspire your students with a future career in STEM. EUK Education offers quality, curriculum-linked career information, case studies, lesson plans, resources, and much more from the team behind Neon, Big Bang, Energy Quest, Tomorrow's Engineers Week and the Climate Schools Programme. And the best part? It's all completely free!

Our mission is to make it quick and easy for careers leaders, teachers and senior leadership to access high-quality science, engineering and technology careers inspiration. We know that engineering skills are in high demand and there are really rewarding careers to be had in engineering and technology, in a wide range of industries, at all levels and across the UK. We want school students to know that too.

So, take a look at what we have to offer and help motivate and inspire your class to continue with STEM and think about a future career. Whether you're looking for insightful resources, accessible funding, facilitator-led workshops or motivating role models, we've got it all.

LEARN MORE



BBC BITESIZE CAREERS RESOURCES FOR NATIONAL CAREERS WEEK

Visit the BBC Bitesize Careers website for new resources to inspire and support young people as they explore their future job options.

Free interactive quizzes, videos, podcasts and job profiles. A new teacher and parent/carer guide is full of ideas and careers-themed activities to use at home and in lessons.



QUIZ: WHAT IS YOUR PERFECT JOB?

Try this fun, new quiz for job inspiration. Each question is designed to help young people understand their skills and interests and suggests types of jobs that might suit them.

[TAKE THE QUIZ](#)

TEACHER AND PARENT/CARER GUIDE

The Bitesize Careers Teacher and Parent Guide for National Careers Week has short, pre-planned classroom activities linked to the Gatsby Benchmarks that teachers or parents can use as classroom activities or discussion starters. The fun, themed days from Monday to Friday are designed to help young people answer the big careers questions:

- **My Skills Monday** – What am I good at?
- **Take away Tuesday** – What advice can I take away from Bitesize Careers?
- **Work Wednesday** – How valuable are my skills in the workplace?
- **CV toolkit Thursday** – What do I need to include in my CV?
- **'How to' Friday** – How can I do a great interview?

[TEACHER GUIDE](#)

THE BITESIZE CAREERS VIDEO PODCAST

Watch BBC Radio 1's Katie Thistleton, inspiring young guests, and career experts as they answer the top careers questions young people ask. From 'What do I do in an interview?' to 'What is networking and how can it help me?', there's practical advice and a "Takeaway Task" to do to support the learning.

[WATCH HERE](#)



TOP JOBS TEENAGERS WANT

Keep an eye on the website for the big reveal of the BBC Bitesize Careers Survey. What are the top ten job teenagers want? Find out during National Careers Week at :

[BBC BITESIZE CAREERS WEBSITE](#)



CASE STUDIES WANTED!

CAN YOU BE THE STARS OF DOWNLOAD MAGAZINE?

- ✓ WE WANT TO HEAR YOUR STORIES!
- ✓ WE WANT TO KNOW ABOUT YOUR EVENTS!
- ✓ WE WANT TO SEE YOUR PEOPLE!

After each National Careers Week, we compile snapshots of everything that happens on Social Media – and we LOVE seeing it. However... we know that not everything you do goes onto LinkedIn, X, FaceBook or Instagram – so we KNOW we're missing brilliant stuff from you all.

WHY NOT COME STRAIGHT TO DOWNLOAD MAGAZINE?

I'm looking for stories of up to 150 words, with pupil-approved pictures, artworks, presentations or anything else you get up to during #NCW2025, and we'll choose the best ones for future editions.

- Careers Fairs
- Career Expert Visits
- Demonstrations
- Workplace Visits
- Enterprise Challenge Days

Let's see what you've got! Email them to me, Bernie, at the following email address:

Andrew.Bernard@NCWCIC.co.uk

DOWNLOAD THE PARENTS' GUIDE TO NCW AND SHARE WITH YOUR PARENTS, GUARDIANS AND CARERS!

PARENTS' GUIDE 



YOU CAN DOWNLOAD, SHARE AND INSPIRE RIGHT NOW!



#NCW2025 RESOURCES 

OUR PARTNERS:


worldskillsuk
excellence at work

NOT JUST
LAB COATS

NHS
Careers

THE CAREERS &
ENTERPRISE
COMPANY



NatWest
Thrive



COMIC
RELIEF | amazon

RCVS
SETTING
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nationalcareersweek.com

National Careers Week

NCW



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3RD – 8TH MARCH 2025

#NCW2025

SAVE THE DATE

3-8th March 2025



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National Careers Week

NCW